Reference point suffering

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Does the average citizen suffer the same as a starving child in Africa? Does a female Caucasian teenager living in the suburbs suffer as much as the African American teenager exposed to gangs and drugs? I believe that they do. Why? I like to call it Reference point suffering.

In physics one knows an object is moving by using a reference point. A car might move from point A to point B and we now it moved because it is no longer in point a hence point a is a reference point. Well, the same goes for suffering. See our lives are placed in a certain environment. Weather it is good or bad we continue to live in it. When things go wrong we move our emotions from the normal feeling to a sense of pain and suffering. Well we all suffer. Little or a lot we all do. But how is a rich teenager that got a red Lamborghini instead of a blue one going to suffer the same as a poor young man dealing with a drug addiction? Well. The rich girl's life is better than that of the poor mans. So when the poor girl has a problem it feels really bad. She really wanted her lambo to be blue. Due to her normal life being used as a reference point when things went south she inevitably suffered even though normal people don't see it. All we see is a spoiled girl who didn't get her million dollar car how she wanted. Well in the same way a starving homeless child in Africa may see the poor young man’s life better than his. The common phrase applies; there's always someone richer than you and someone poorer than you. We just have to see it from a different reference point.

But threes a universal reference point. Physical pain. No matter what a broken arm feels the same for most people rich or poor. In the end we are all still human. And we bleed and we sweat and we cry, for different reasons and at different times yes. But we still do. At the end of the day, we all suffer. Whether you are rich or poor, overweight or malnourished. There seems to be no point in which we don’t suffer. So do we all suffer the same? Yes and no. it truly depends on where your reference point is. If your reference pint is above you then it seems like the word is on fire. But if your reference point is bellow you, your problem may seem smaller. The truth is that it is up to us to choose where our reference point is at. Weather it is above us or below us. What may seem like a bullet may seem like a splinter compared to other things. I once heard a man say that this life is about perspective, "aww I just got stabbed with a sword, but hey that guy go stabbed with TWO swords my life is not so bad!" this can be true. But as soon as we compare our suffering to someone who is superior’s suffering that our
suffering seems to be even worse. Someone will always be better off than you and someone will always be worse than you. It is up to you to see that reference point.

We should always know where we are at. Weather we are hussl’n in the streets to survive or going to a superior university. We are all going to suffer. But it our life. And our suffering. We place the level of suffering where we want. Whether we make a big deal about it or only see it as an ugly chapter in our book of life.